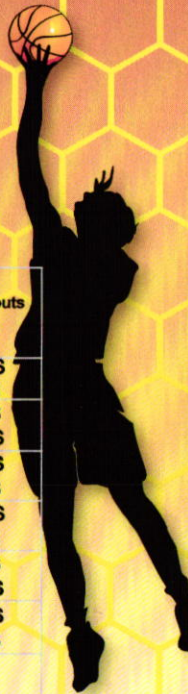


# Alameda Middle School



## HOME OF THE YELLOW JACKETS



### 2019-2020 Schedules & Tournament Rotations

XC	Cheer
2019 Franklin	2019-20 Hawthorne
2020 Hawthorne	2020-21 Alameda
2021 Alameda	2021-22 Irving
2022 Irving	2022-23 Franklin

### Cheerleading 2019-2020

Start Time is 3:45

Sept. 3 (Tuesday)	First Day of Cheerleading Tryouts
Mar. 3	All City Cheer Competition

### Wrestling 2019-2020

Start Time is 4:00

Oct. 7 (Mon)	First Day of Wrestling
Oct. 23	Wed. IMS@AMS FMS@HMS
Oct. 30	Wed. IMS@FMS AMS@HMS
Nov. 6	Wed. HMS@IMS FMS@AMS
Nov. 13	Wed. AMS@IMS HMS@FMS
Nov. 20	Wed. HMS@AMS FMS@IMS
Dec. 4	Wed. AMS@FMS IMS@HMS
Dec. 11	Wed. All City Wrestling@IMS

### Volleyball 2019-2020

Start Time is 3:45

Aug. 26	Mon.	First Day of Tryouts. 7th AMS@HMS 8th HMS@AMS
Sept. 10	Tues.	7th FMS@IMS 8th IMS@FMS
Sept. 12	Thur.	7th HMS@IMS 8th IMS@HMS 7th AMS@FMS 8th FMS@AMS
Sept. 17	Tues.	7th FMS@HMS 8th HMS@FMS 7th AMS@IMS 8th IMS@AMS
Sept. 19	Thur.	7th HMS@AMS 8th AMS@HMS 7th IMS@FMS 8th FMS@IMS
Sept. 24	Tues.	7th IMS@HMS 8th HMS@IMS 7th FMS@AMS 8th AMS@FMS
Sept. 26	Thur.	7th HMS@FMS 8th FMS@HMS 7th IMS@AMS 8th AMS@IMS
Oct. 1	Tues.	7th AMS@HMS 8th HMS@AMS 7th FMS@IMS 8th IMS@FMS
Oct. 8	Tues.	7th HMS@IMS 8th IMS@HMS 7th AMS@FMS 8th FMS@AMS
Oct. 10	Thurs.	7th HMS@FMS 8th FMS@HMS 7th IMS@AMS 8th AMS@IMS
Oct. 15	Tues.	Higher Seed TBA
Oct. 17	Thur.	Higher Seed TBA Championship

### Girls Basketball 2019-2020

Start Time 3:45

Oct. 21	Mon.	First Day of Practice 8th Grade	First Day of Practice 7th Grade
Nov. 5	Tues.	HMS@AMS IMS@FMS	AMS@HMS FMS@IMS
Nov. 7	Thur.	IMS@HMS FMS@AMS	HMS@IMS AMS@FMS
Nov. 12	Tues.	HMS@FMS IMS@AMS	FMS@HMS AMS@IMS
Nov. 14	Thur.	AMS@HMS FMS@IMS	HMS@AMS IMS@FMS
Nov. 19	Tues.	HMS@IMS AMS@FMS	IMS@HMS FMS@AMS
Nov. 21	Thur.	FMS@HMS AMS@IMS	HMS@FMS IMS@AMS
Dec. 3	Tues.	OPEN	OPEN
Dec. 5	Thur.	HMS@AMS IMS@FMS	AMS@HMS FMS@IMS
Dec. 10	Tues.	IMS@HMS FMS@AMS	HMS@IMS AMS@FMS
Dec. 12	Thur.	FMS@HMS AMS@IMS	HMS@FMS IMS@AMS
Dec. 17	Tues.	All City Tournament	All City Tournament
Dec. 19	Thur.	Championship	Championship

### Boys Basketball 2019-2020

Start Time 3:45

Jan. 6	Mon.	First Day of Tryouts 8th Grade	First Day of Tryouts 7th Grade
Jan. 21	Tues.	HMS@AMS IMS@FMS IMS@HMS	AMS@HMS FMS@IMS HMS@IMS
Jan. 23	Thurs.	FMS@AMS	AMS@FMS
Jan. 28	Tues.	HMS@FMS IMS@AMS	FMS@HMS AMS@IMS
Jan. 30	Thurs.	AMS@HMS FMS@IMS	HMS@AMS IMS@FMS
Feb. 4	Tues.	HMS@IMS AMS@FMS	IMS@HMS FMS@AMS
Feb. 6	Thurs.	FMS@HMS AMS@IMS	HMS@FMS IMS@AMS
Feb. 11	Tues.	OPEN	OPEN
Feb. 13	Thurs.	HMS@AMS IMS@FMS IMS@HMS	AMS@HMS FMS@IMS HMS@IMS
Feb. 18	Tues.	FMS@AMS	AMS@FMS
Feb. 20	Thurs.	FMS@HMS AMS@IMS	HMS@FMS IMS@AMS
Feb. 25	Tues.	All City Tournament	All City Tournament
Feb. 27	Thurs.	Championship	Championship

### Cross Country 2019-2020

Start Time is 3:45

Aug. 26	Mon.	First Day Practice
Sept. 11	Wed.	IMS@HMS FMS@AMS
Sept. 18	Wed.	HMS@FMS AMS@IMS
Sept. 25	Wed.	AMS@HMS IMS@FMS
Oct. 2	Wed.	All City Host: Franklin

### Track and Field 2019-2020

Start Time is 4:30

Mar. 30	Tues.	First Day Practice
Apr. 15/16	Wed./Thurs.	AMS@HMS IMS@FMS
Apr. 22/23	Wed./Thurs.	IMS@HMS AMS@FMS
Apr. 29/30	Wed./Thurs.	IMS@AMS HMS@FMS
May 6/7	Wed./Thurs.	Irving Host Iron horse Stadium 10:30 AM